

# Heat tolerance and tenderness



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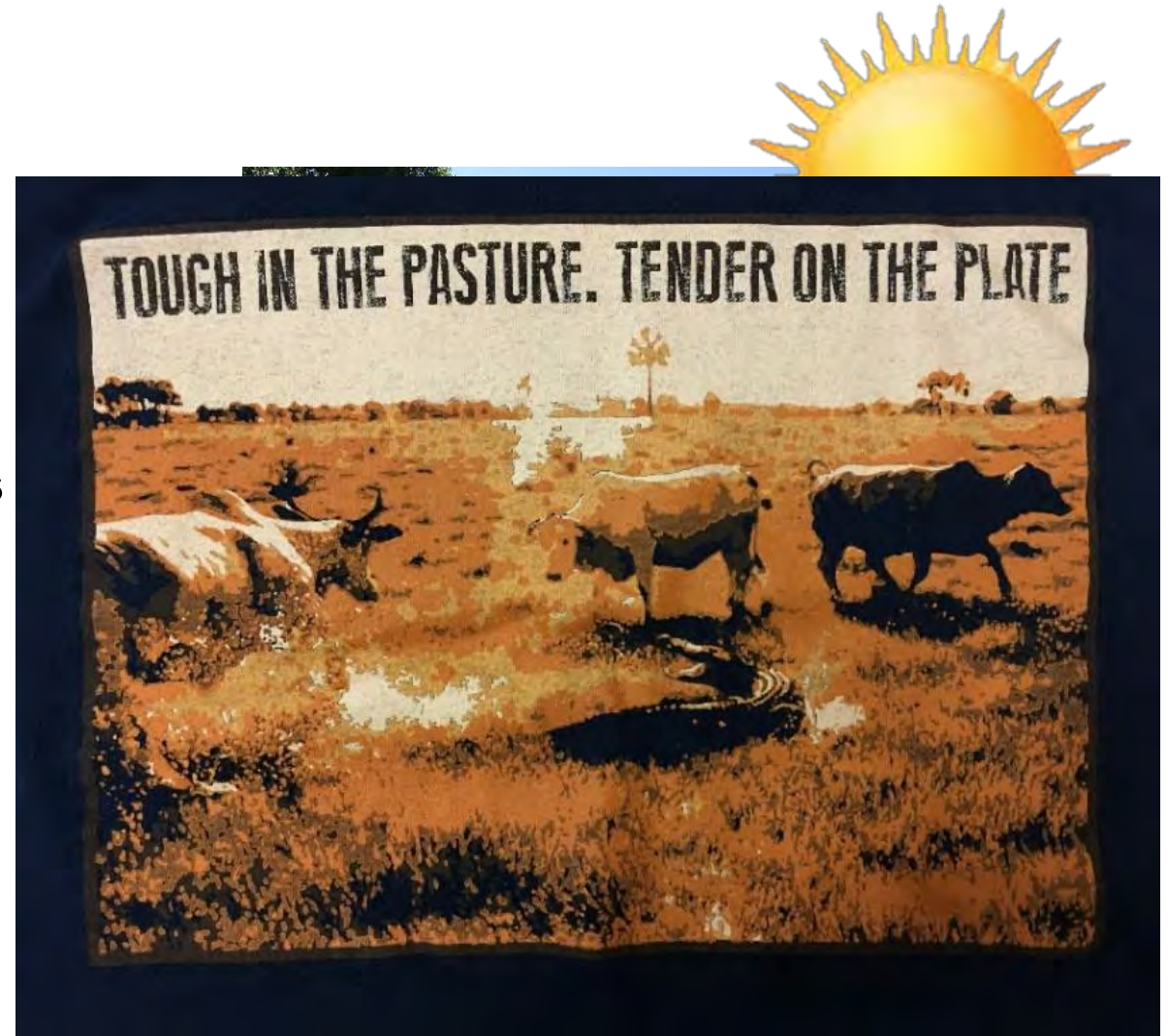
# Brahman

## On the pasture

- Heat tolerant
- Parasite resistance
- Lower maintenance requirements

## On the plate

- Variation in tenderness
- Lower marbling



Angus

Brahman



# Key questions:

- What features and adaptations make Brahman heat tolerant?
  - Brahman are resilient
- Is heat tolerance related to meat quality?
  - Meat – a product of life and death



Angus



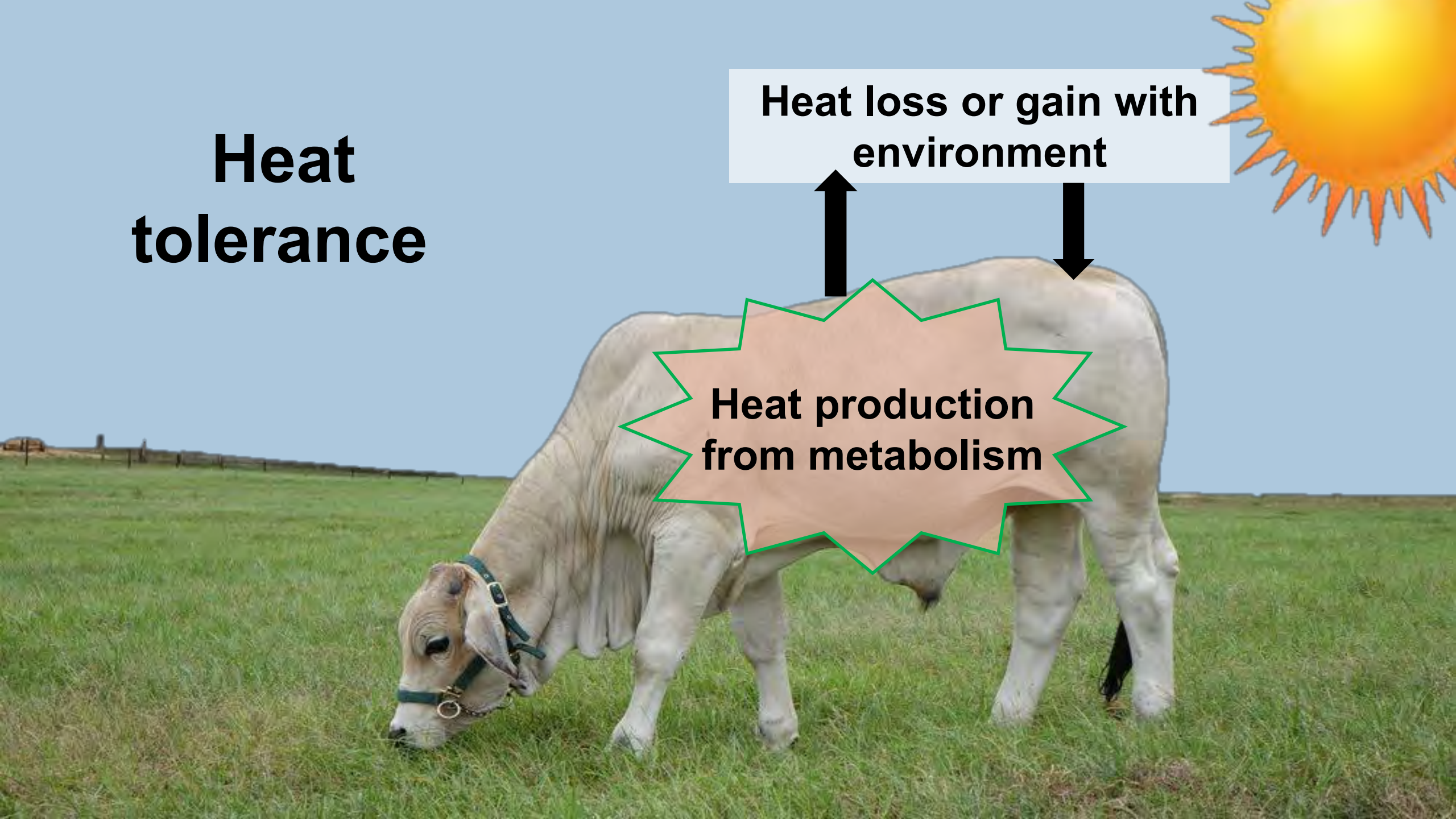
Brahman



# Heat tolerance

Heat loss or gain with environment

Heat production from metabolism





# Heat exchange between the animal and the environment

- Animal surface area : weight
- Temperature gradient, animal vs. air
- Hair coat

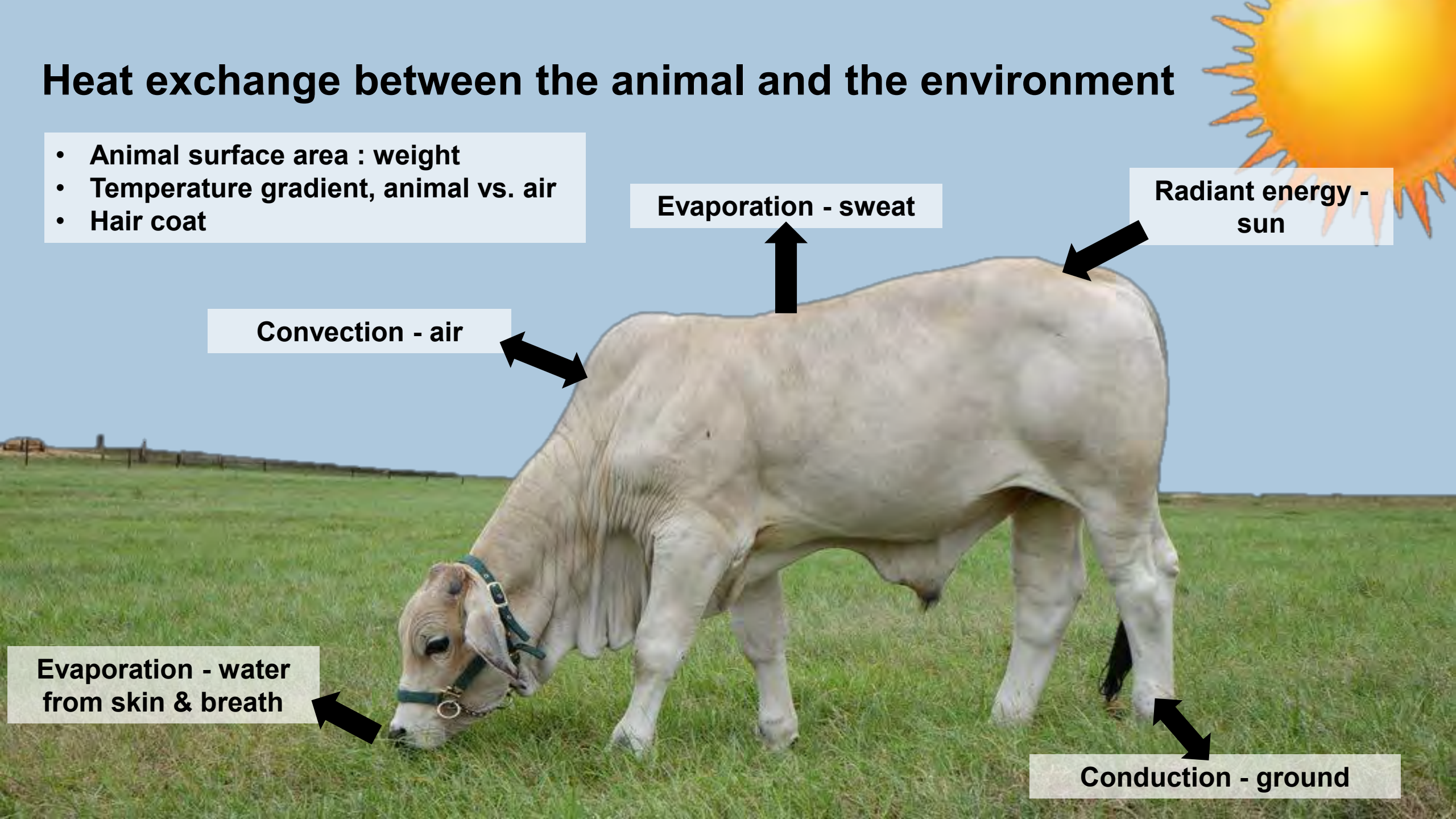
Evaporation - sweat

Radiant energy - sun

Convection - air

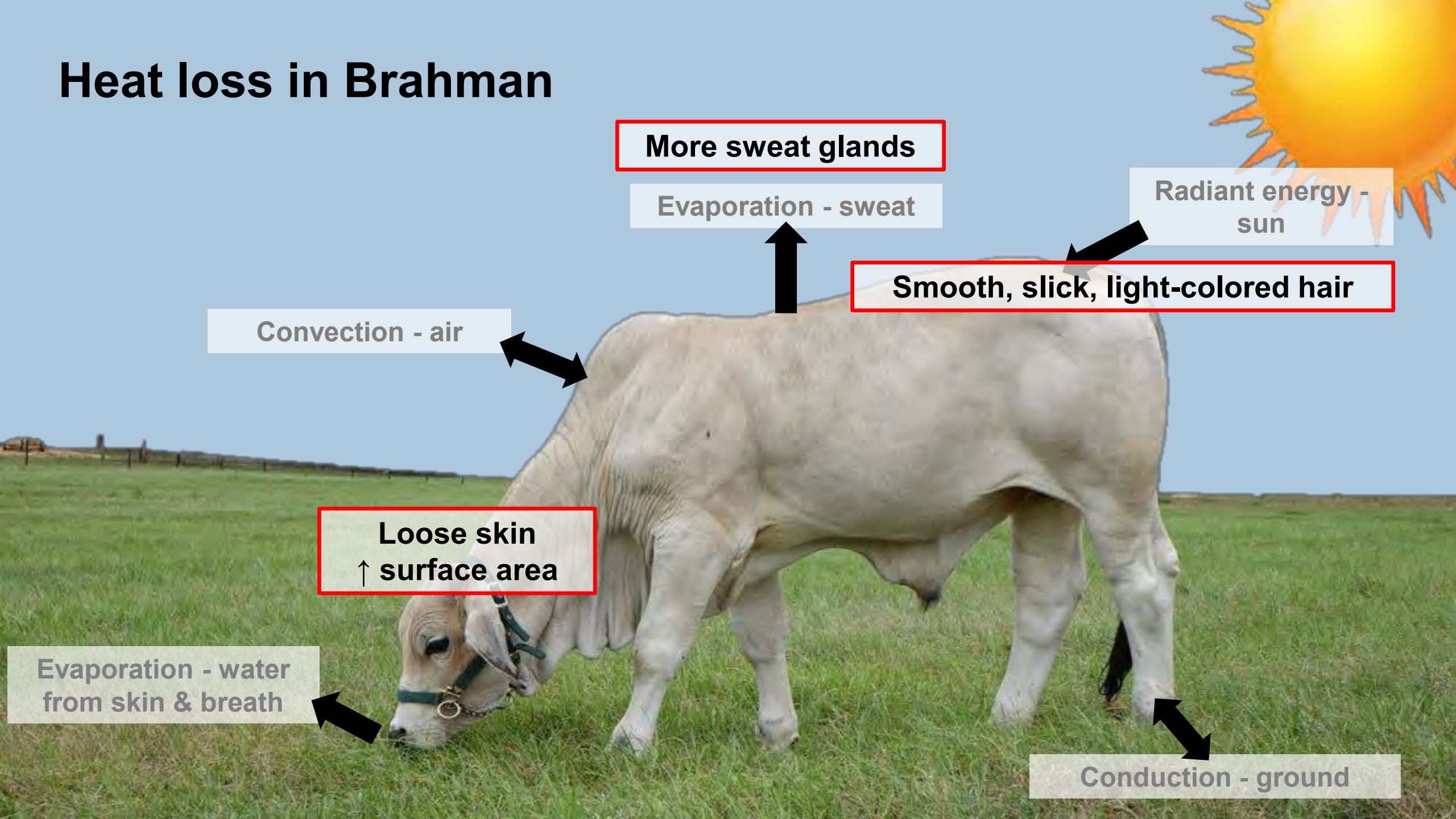
Evaporation - water  
from skin & breath

Conduction - ground





# Heat loss in Brahman



**More sweat glands**

Evaporation - sweat

Radiant energy -  
sun

**Smooth, slick, light-colored hair**

Convection - air

**Loose skin**  
↑  
**surface area**

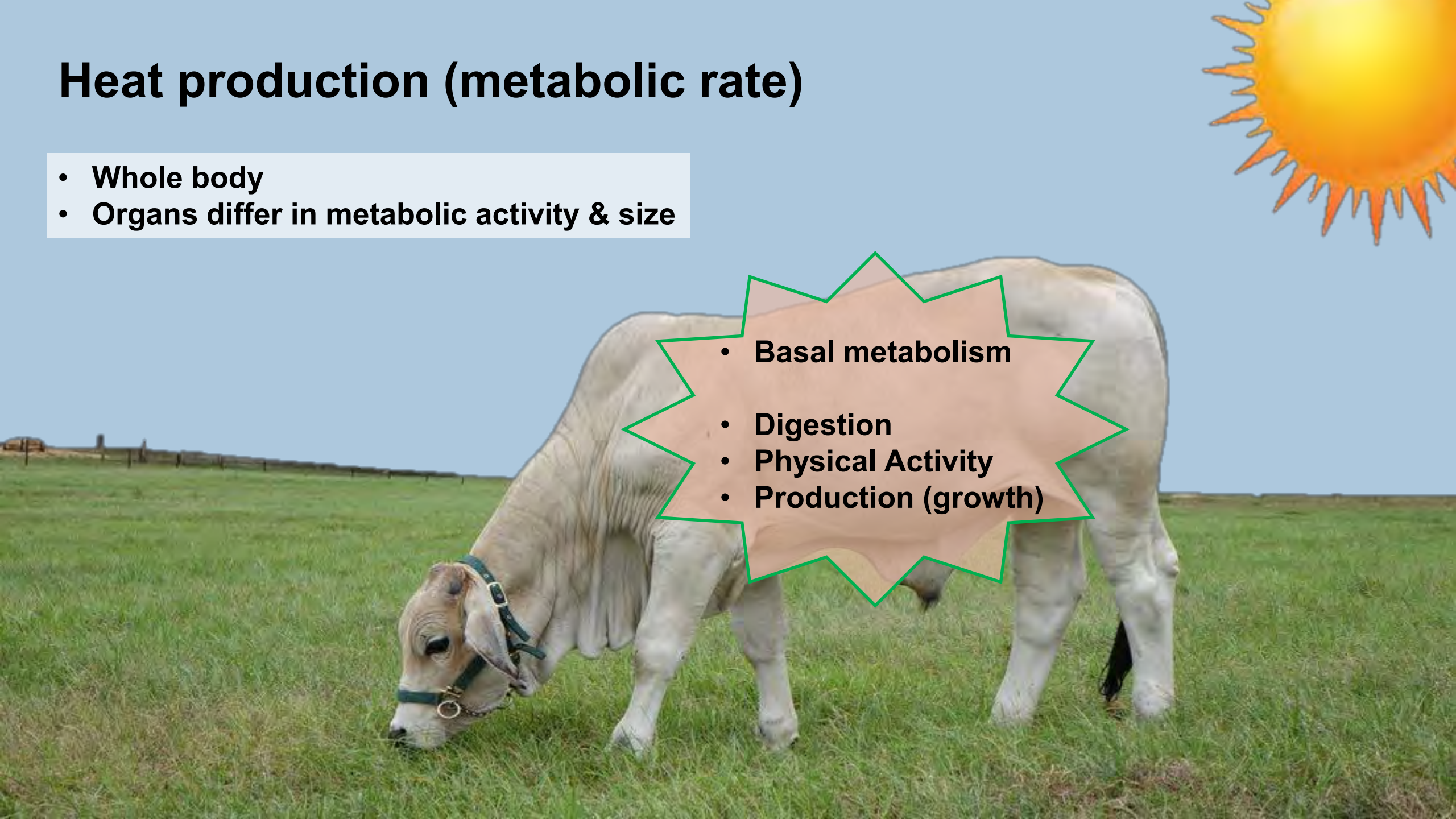
Evaporation - water  
from skin & breath

Conduction - ground



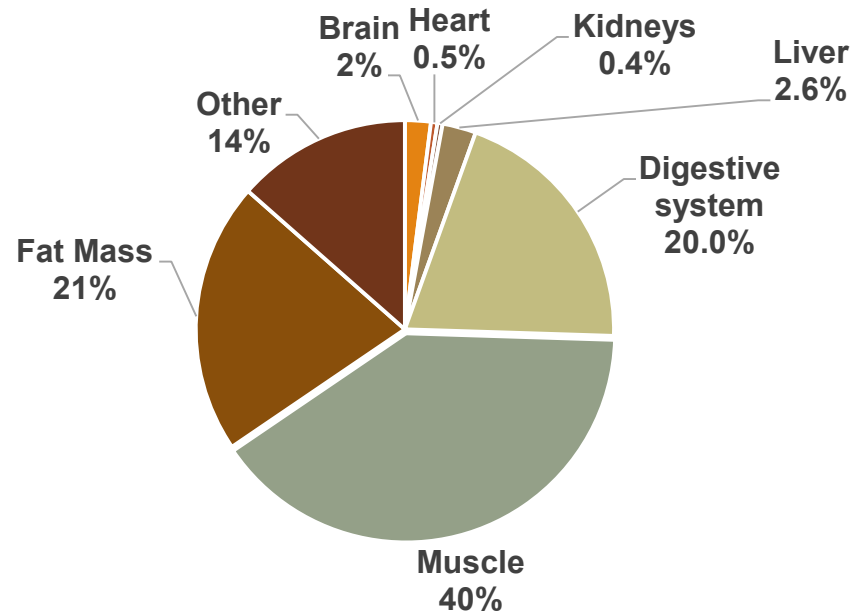
# Heat production (metabolic rate)

- Whole body
- Organs differ in metabolic activity & size

- 
- A white cow with a green collar is grazing in a lush green field. In the background, there is a fence and a bright sun with rays in the top right corner.
- Basal metabolism
  - Digestion
  - Physical Activity
  - Production (growth)

# Organ contribution to body metabolism

% of body weight



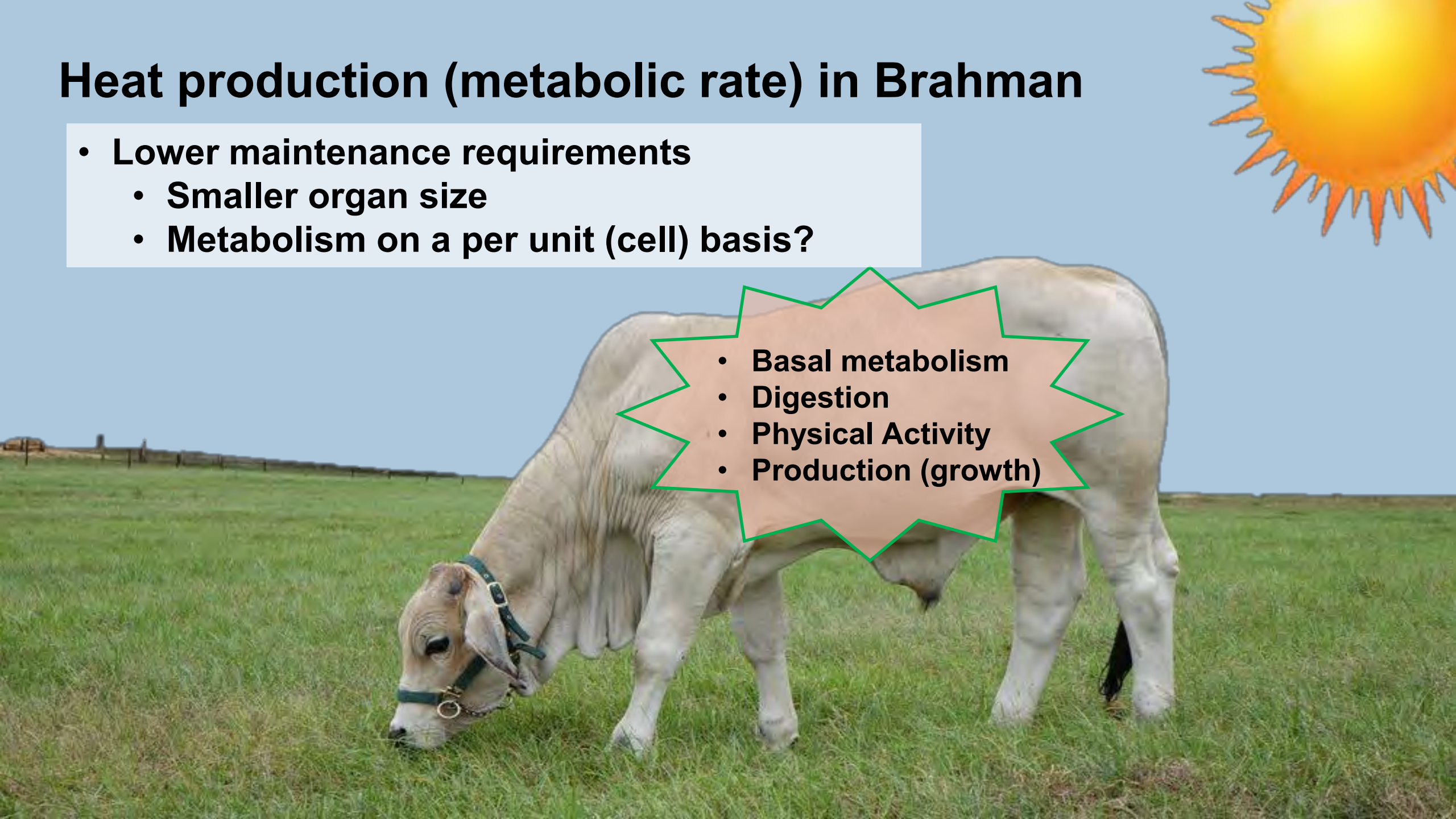
- Metabolic activity based on total weight
- Metabolic activity on per unit basis





# Heat production (metabolic rate) in Brahman

- Lower maintenance requirements
  - Smaller organ size
  - Metabolism on a per unit (cell) basis?

- 
- A photograph of a Brahman cow with a prominent hump and a green collar, grazing in a lush green field. A bright sun is visible in the top right corner. A star-shaped callout box is overlaid on the cow's body.
- Basal metabolism
  - Digestion
  - Physical Activity
  - Production (growth)



# Heat production (metabolic rate) in Brahman

What do cells use energy for?

**Basal metabolism**

Energy for maintenance

**Protein  
synthesis**

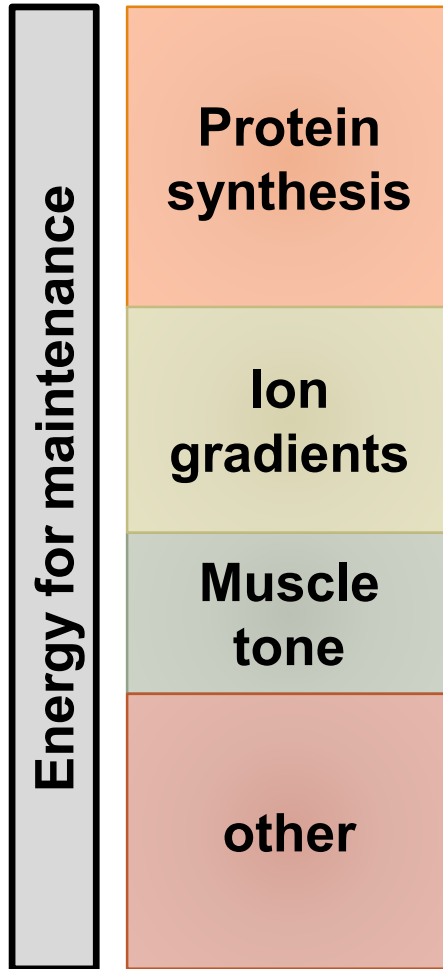
**Ion  
gradients**

**Muscle  
tone**

**other**



# What affects energy requirements?



**“Uncoupling” processes increase energy demand & metabolic rate**

- **Protein degradation**
- **Ion leaks**
- **Muscle relaxation**



# Protein metabolism



Protein turnover

$$\text{Protein Synthesis} - \text{Protein Degradation} = \text{Protein Deposition}$$



- Heat tolerance?
- Growth rate?
- Meat quality?

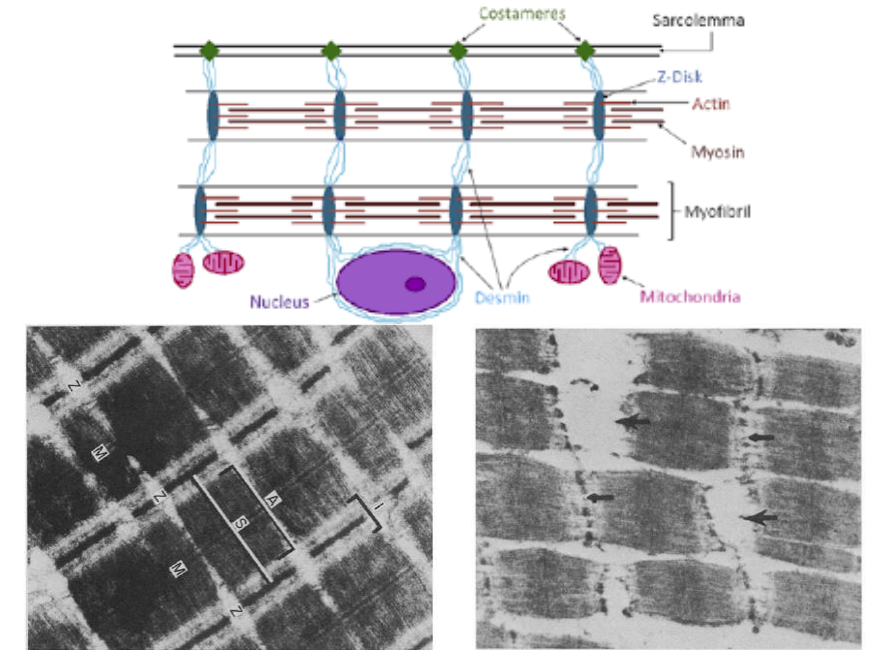




# Protein degradation contributes to tenderness during meat aging

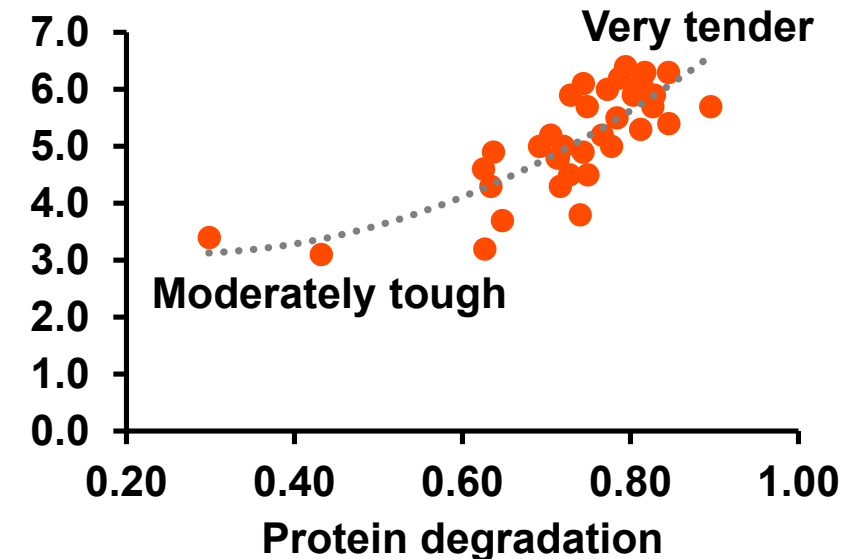
## Evaluating postmortem protein degradation

- Calpain (cuts proteins)
- Calpastatin (inhibitor)
- Calpain : calpastatin
- Breakdown of individual proteins



1h postmortem

24h postmortem

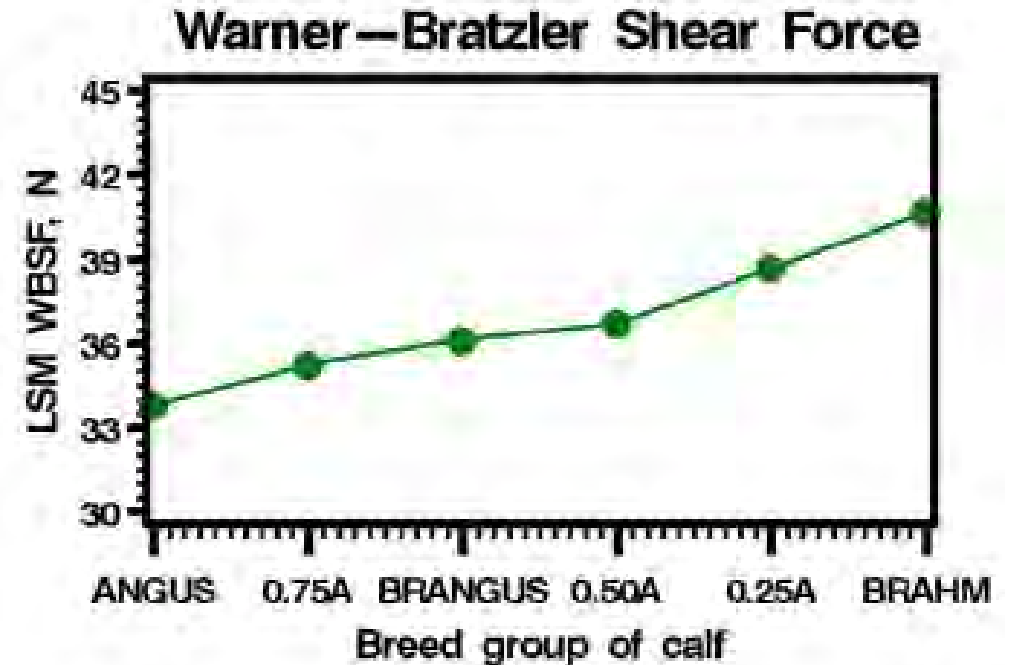


# Increasing Brahman composition

On average, decreases protein degradation and tenderness

- Decreased protein degradation in living animal?
- Hypothesis:  
Slower growing Brahman will have reduced protein synthesis and degradation, resulting in decreased growth rate, low metabolic rate, and greater heat tolerance

...and tougher beef

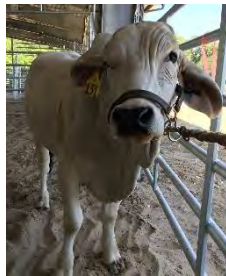


Elzo et al., 2012

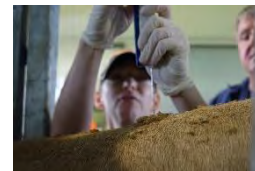




# Heat tolerance, growth, & tenderness in Brahman



- Carcass data
- Muscle samples – protein degradation
- Aged steaks for tenderness

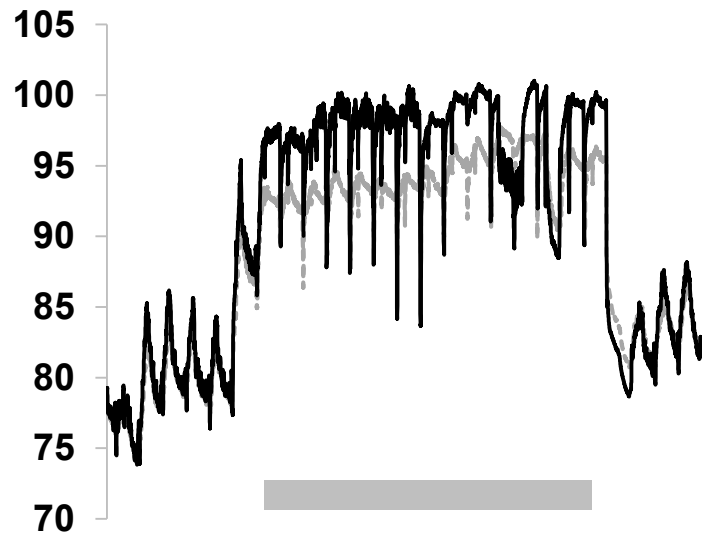


- Respiration
- Temperature
- Biopsy (pre- and post-)

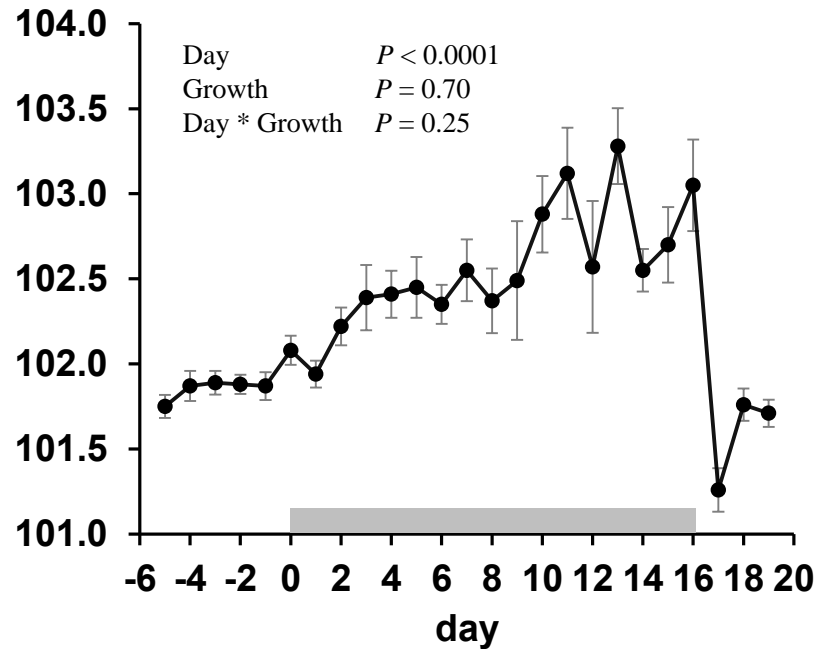


# Heat challenge

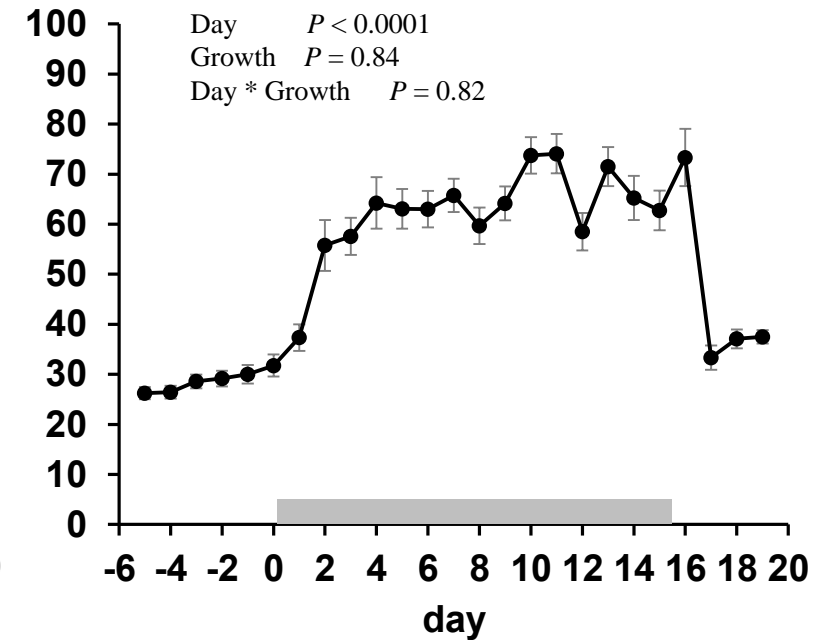
Temperature - rooms



Rectal temperature



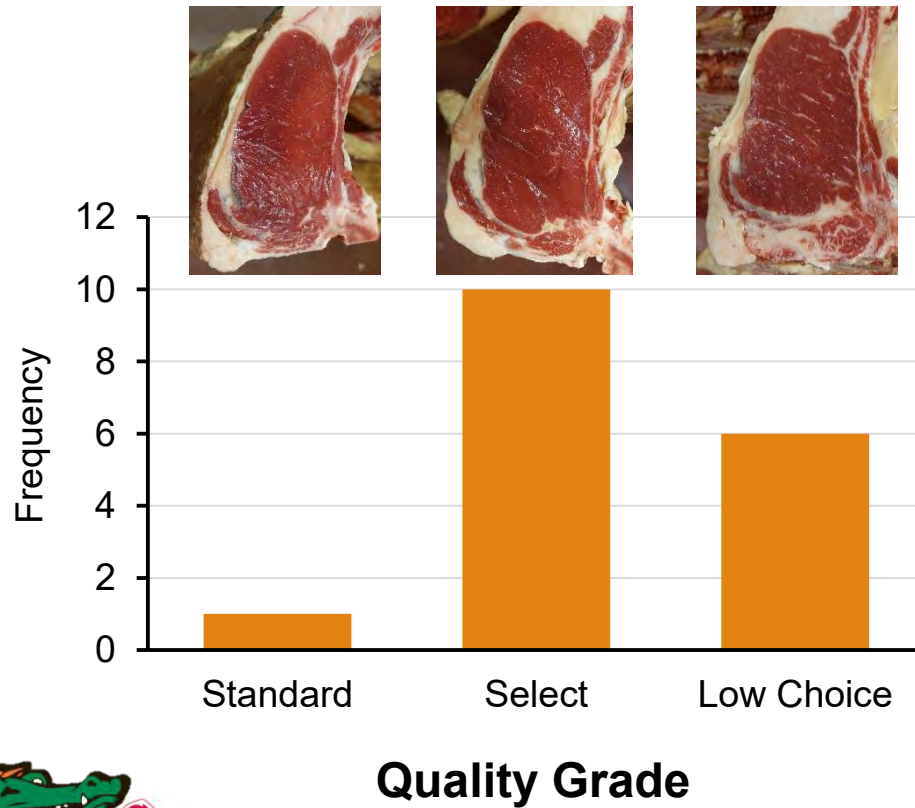
Respiration rate  
(breaths/min)





# Meat quality

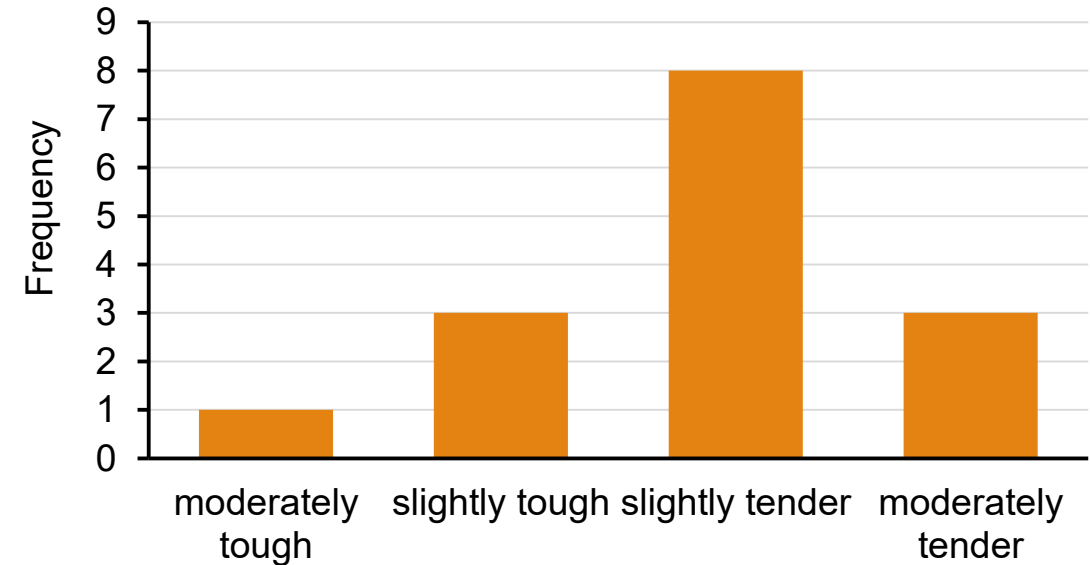
(n = 16 total)



## Tenderness

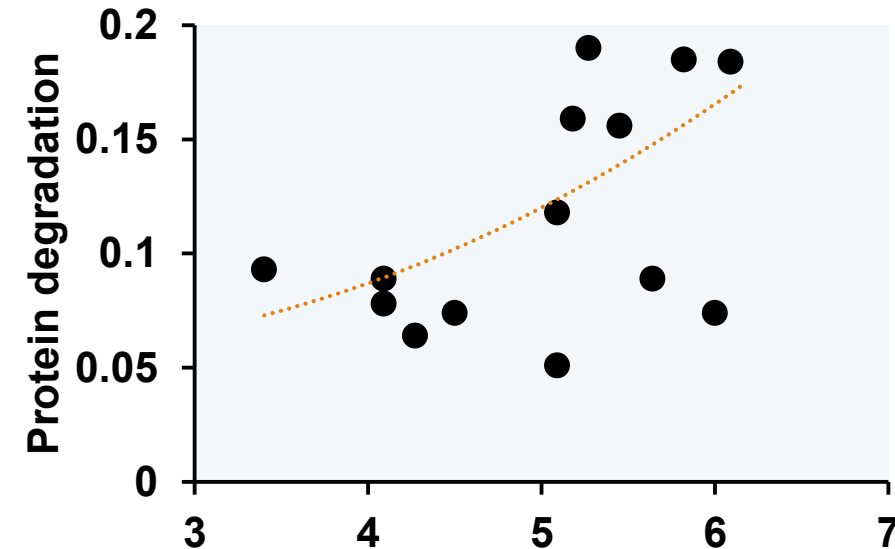
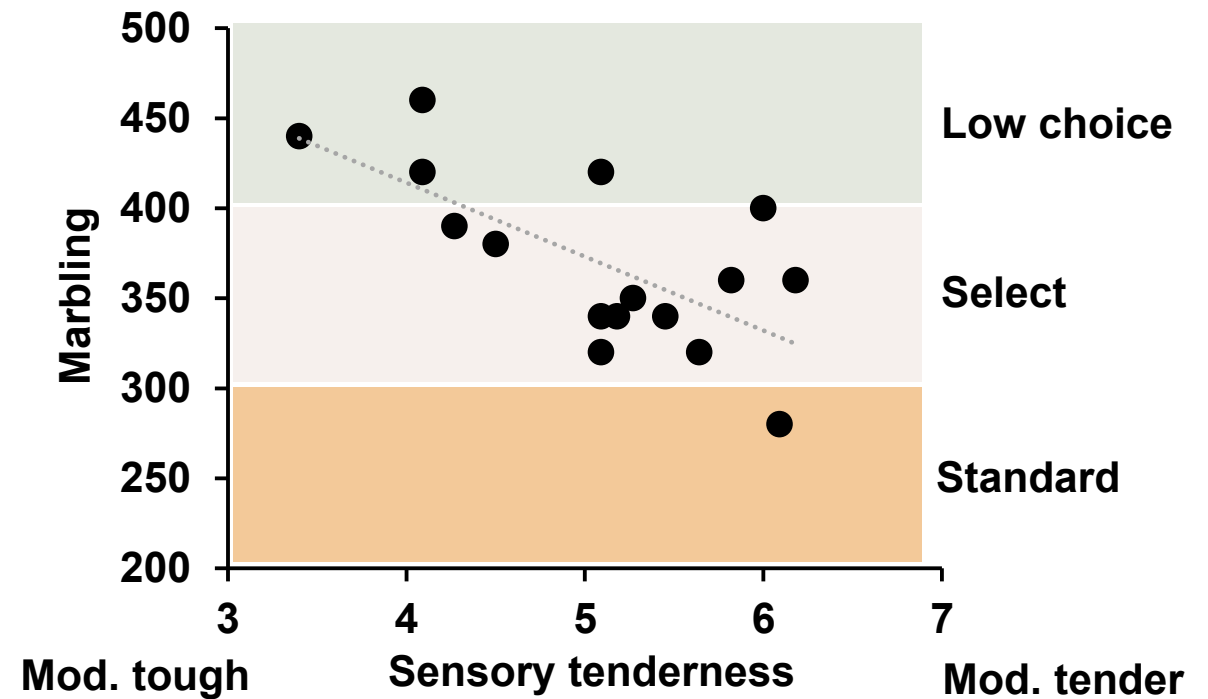
Avg shear force = 3.1 kg (2.1 – 3.7 kg)

## Sensory rating



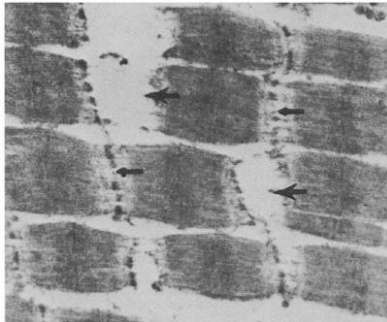
# Brahman & tenderness

- **Marbling ?**  
Not improving sensory tenderness
- **Protein degradation?**  
Improves likelihood for favorable tenderness

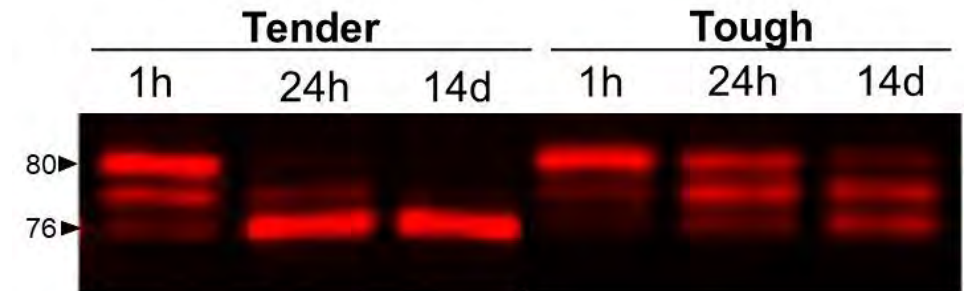
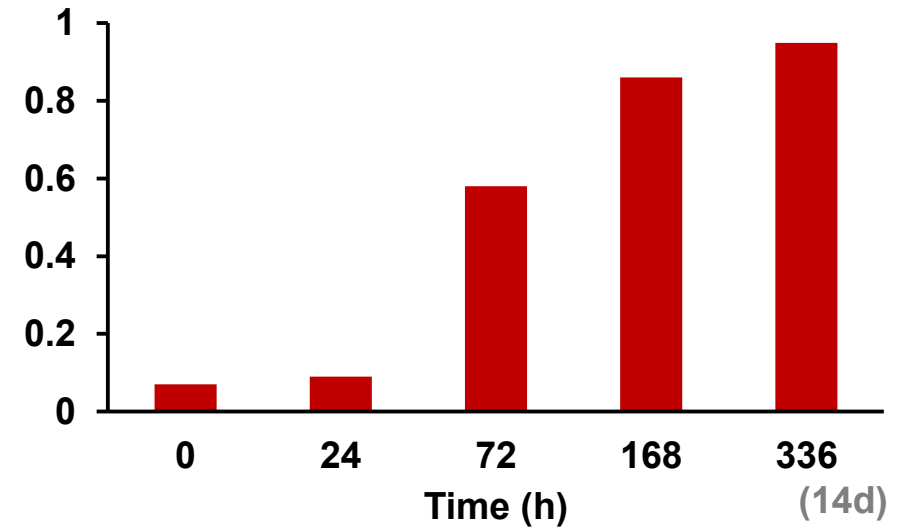


# Postmortem protein degradation in Brahman

- **Calpain activation**
  - Slower in Brahman
  - Slower activation  $\uparrow$  toughness



Calpain activation - Brahman





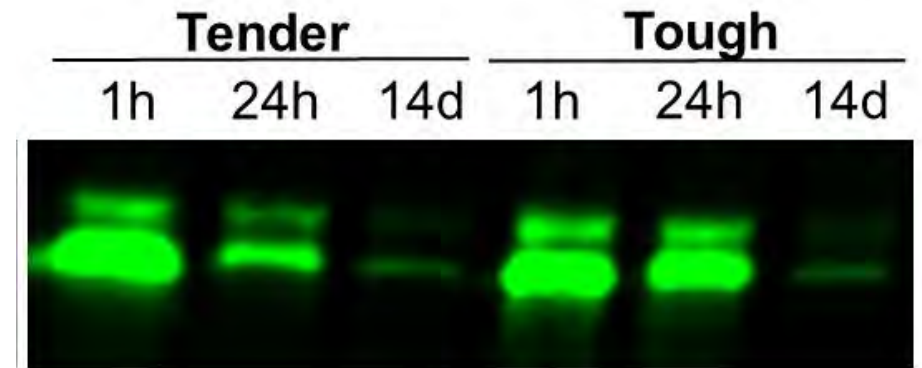
# What affects calpain activation?

## Calpastatin (inhibitor)


- Slower disappearance in tougher steaks
- Degraded by calpain
- Greater content?
- Capacity for inhibition?

- Calcium
  - Temperature
  - pH
- } Postmortem metabolism

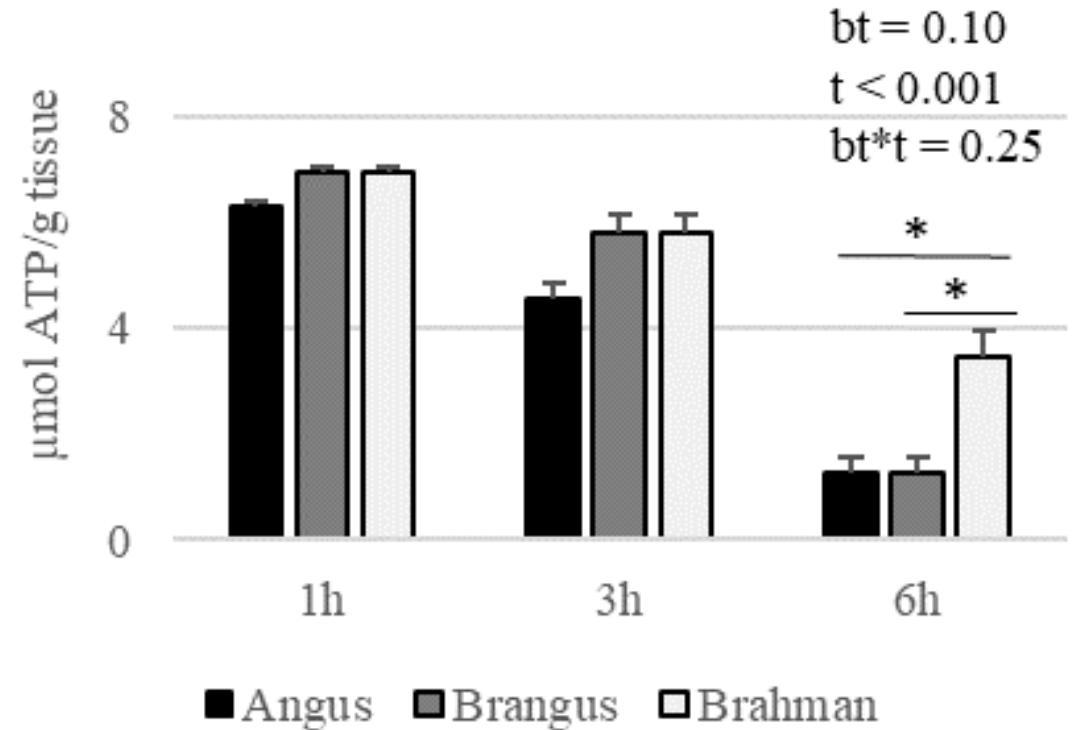
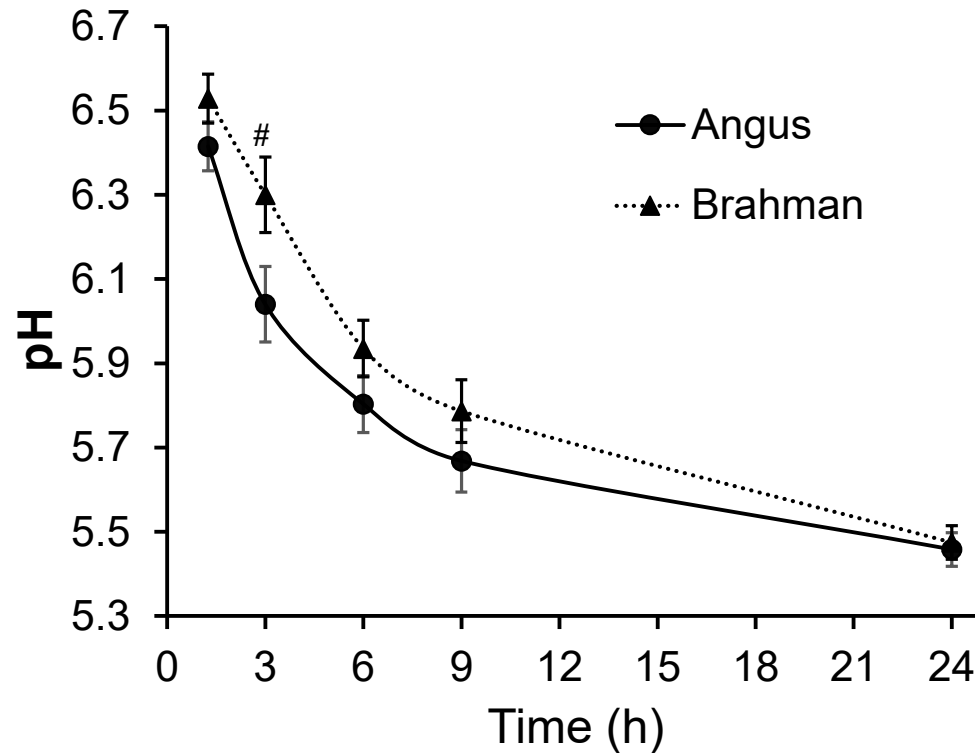
## Calpastatin



# Postmortem metabolism: Conversion of muscle to meat

| Living muscle |                            |  |
|---------------|----------------------------|---|
| pH            | 7.2                        |   |
| Temp.         | 101°F                      |   |
| Energy        | Stable / recoverable       |   |
| Intracellular | Calcium tightly controlled |   |

# Postmortem metabolism in Brahman



- More resistant to pH changes
- Improved maintenance of energy status (ATP)

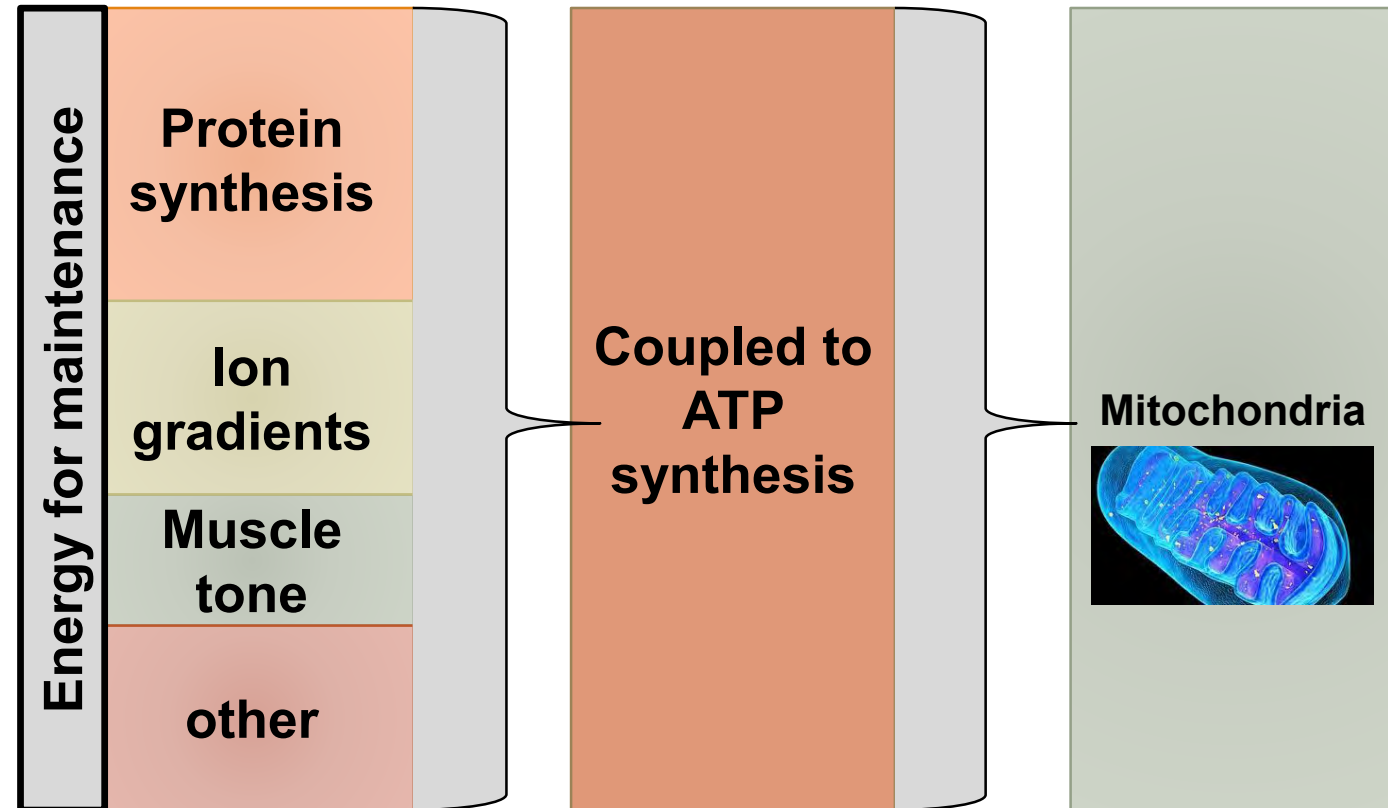




# Even in death, Brahman are resilient

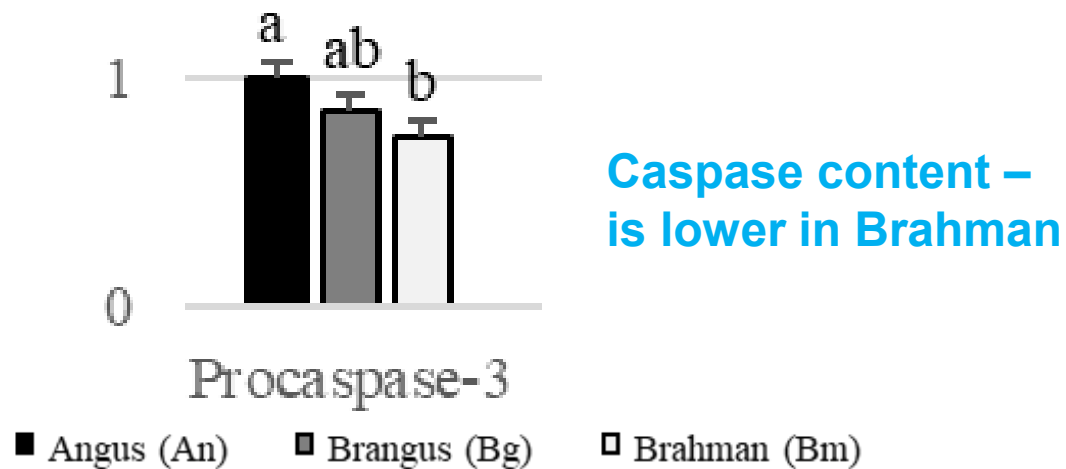
## A role for mitochondria?

- ATP production
- Calcium sequestration
- Mito-mediated cell death



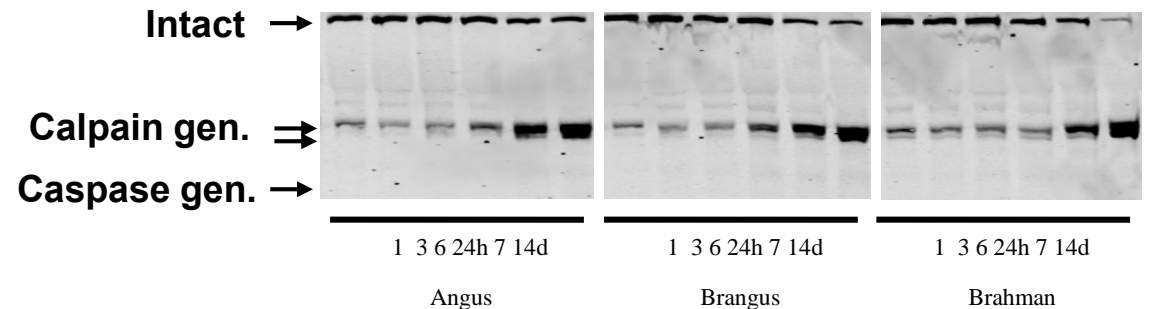
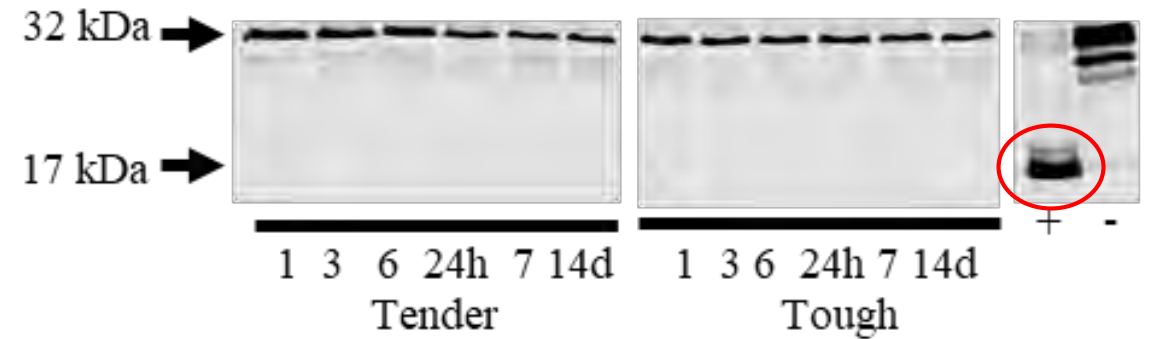
# Mitochondria-mediated (programmed) cell death

- Angus, Brangus, Brahman
- Caspases?



Caspase content –  
is lower in Brahman

Caspase is not cleaved (activated)



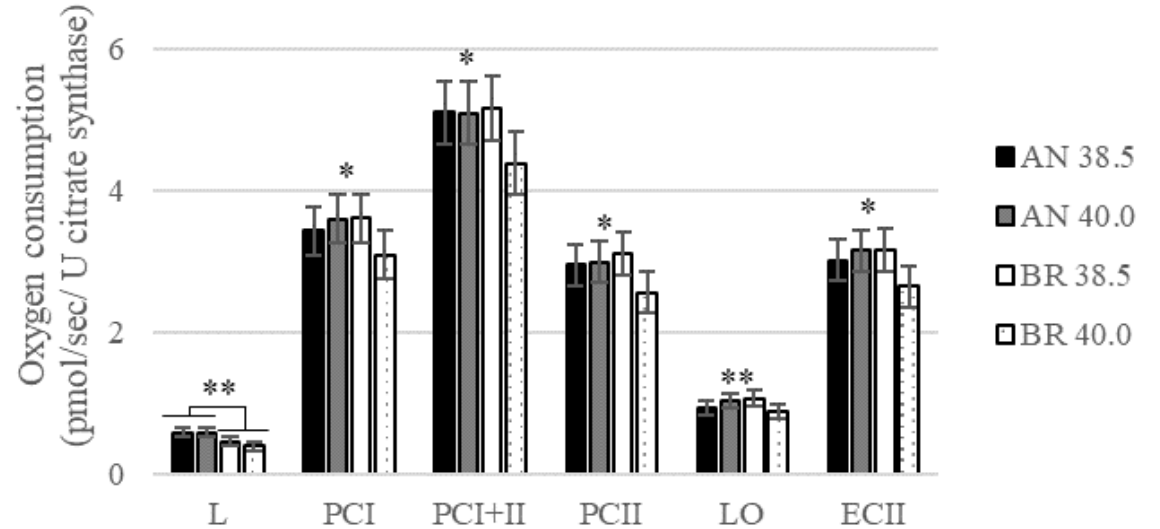
Little support for a role for caspase postmortem!



# Mitochondria function postmortem



- Does muscle from Angus & Brahman function differently early postmortem?
- Does temperature change functional properties?

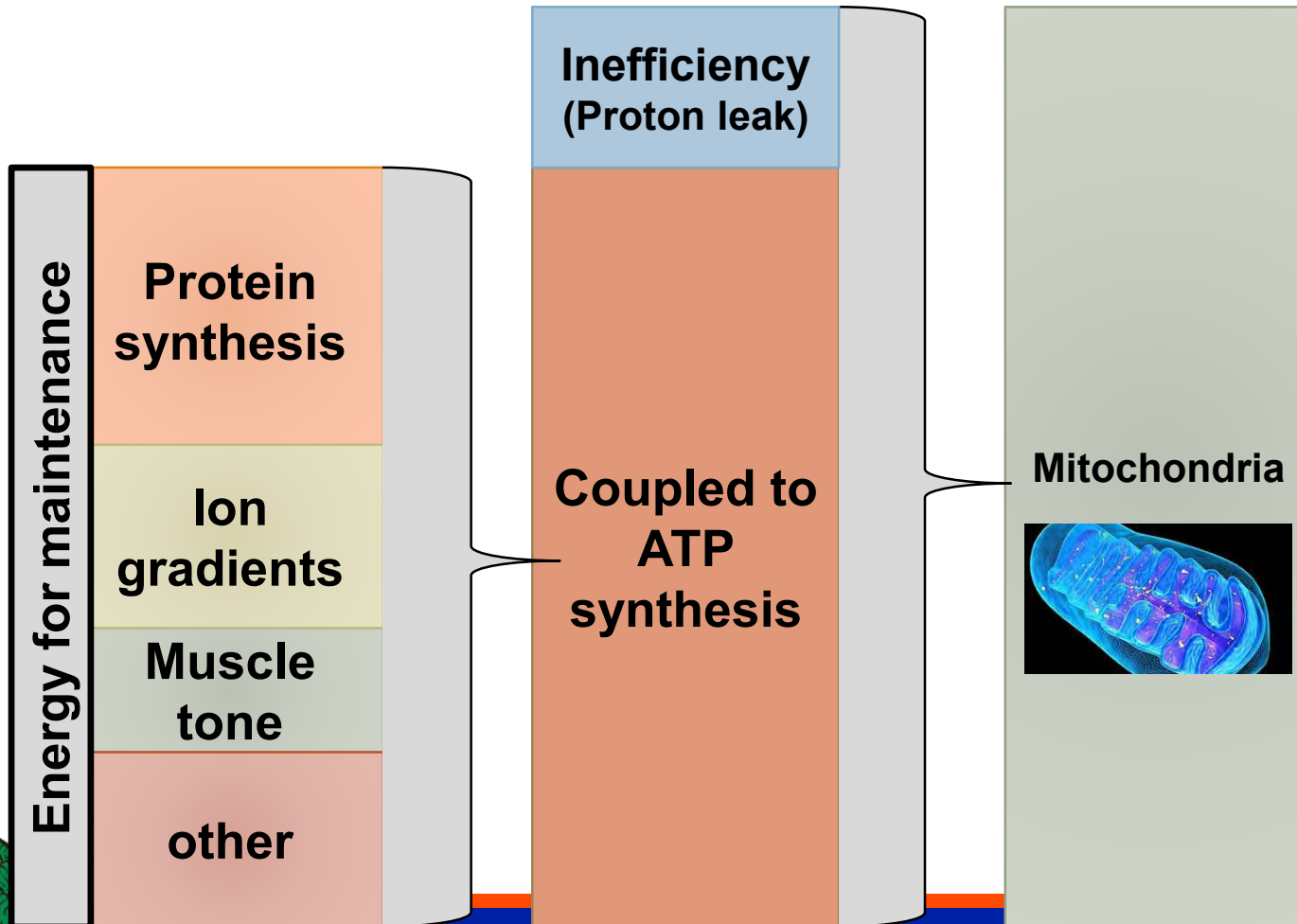


- At 1h, mitochondria can work and are coupled (produce ATP)
- Brahman decrease oxygen consumption at higher temperature

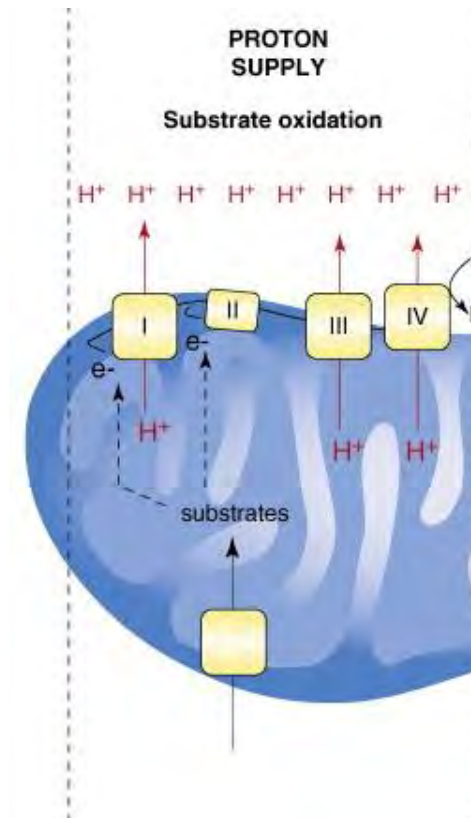




# Other ways to decrease heat production?

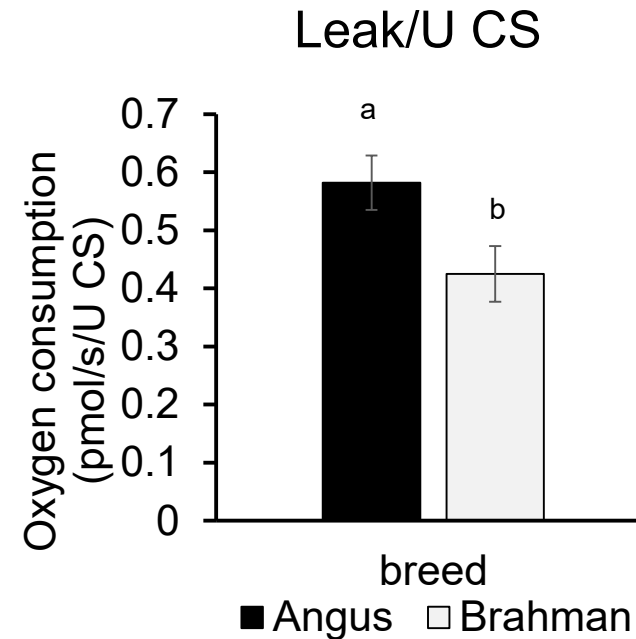


## Limit mitochondrial leak



# Brahman vs. Angus Mitochondrial function

- *Longissimus* - 1h postmortem

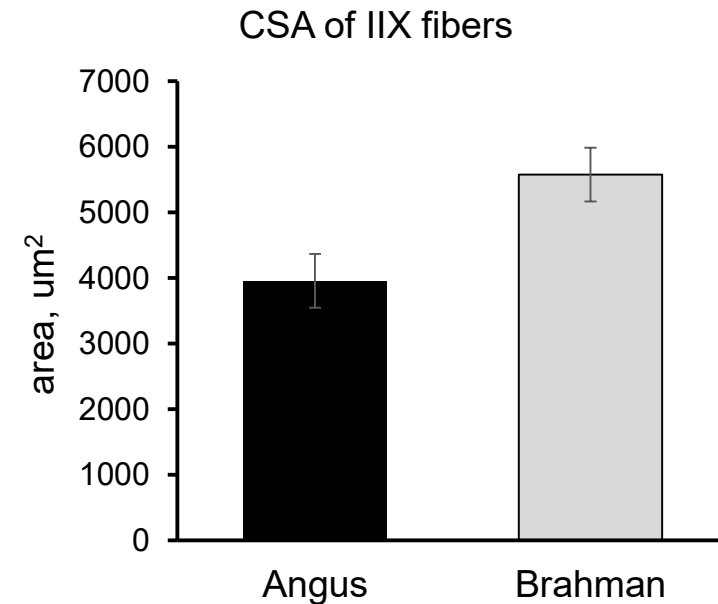
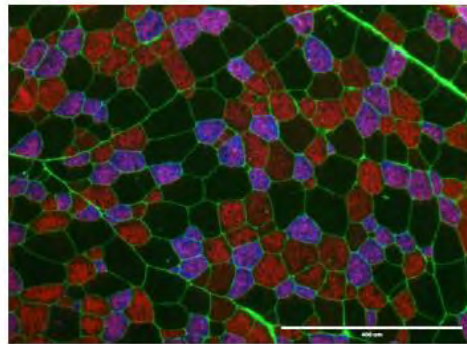
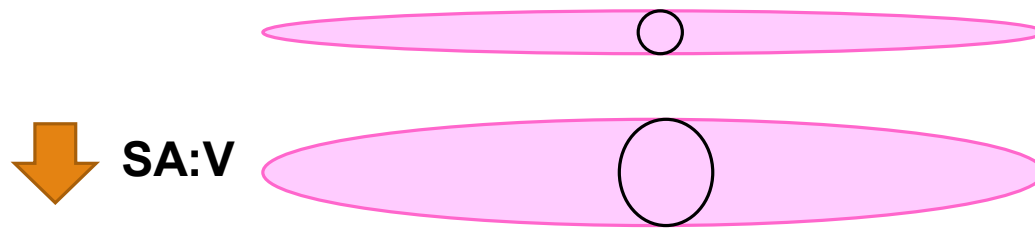


Breed, effect  $P = 0.02$



# Muscle Na/K ATPase and metabolic rate

- **Increasing fiber size is metabolically advantageous**  
(Jimenez et al., 2013)
- **Decreasing surface area:volume reduces metabolic cost of maintaining membrane potential**



Adapted from Wright et al., Meat Sci., 2018





# Conclusions



- **Cellular energy metabolism is an important contributor to heat production**
- **Several possible adaptations that may help reduce heat production in Brahman**
- **Muscle function in life may be antagonistic to meat quality parameters. Evaluate and balance consequences for pasture vs. plate.**



# Thank you!



**Funding:**  
**Florida Cattle Enhancement Board**  
**NIFA-USDA Product Quality**





# Heat loss in Brahman



Smooth, slick