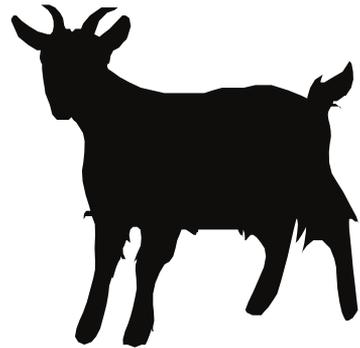
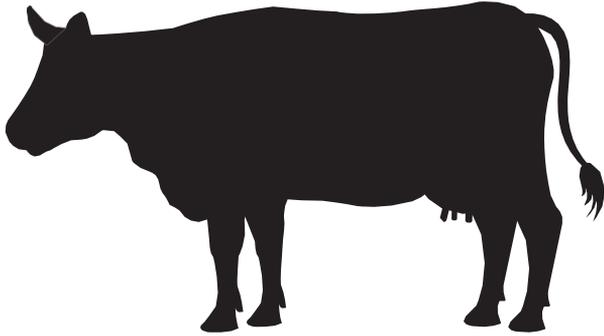
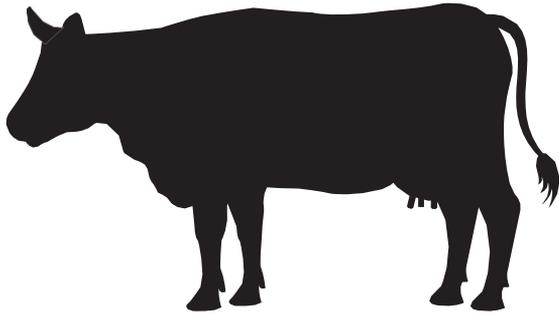


HOME DAIRY: COWS versus GOATS

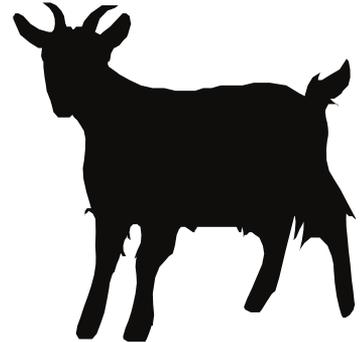


DAIRY BREEDS	Holstein, Jersey, Guernsey, Brown Swiss, Ayrshire, Milking Shorthorn	Nubian, Alpine, La Mancha, Oberhasli, Toggerburg, Saanen, Sable, Nigerian Dwarf
SIZE (lbs)	1,500-1,800	75-135
COST (to buy)	\$1,000-\$3,000	\$50-\$300
SPACE	One cow requires around 2-5 acres of pasture	One adult standard adult sized goat requires 10-15 square ft of space
FENCING	Barbed wire or wooden fence	Watertight fence
FEED (per day)	~100lbs	~7.5lbs of dry matter
WATER (per day)	50 gallons	2-4 gallons
MILK PRODUCTION (per day)	6-10 gallons	1-3 quarts

HOME DAIRY: **COWS** versus **GOATS**



Milk



NUTRITION FACTS IN ONE CUP OF MILK (8 Ounces)

Calories	90-150	170
Protein (g)	8	9
Fat (g)	0-8	10
Carbs (g)	12	11
Lactose	12	11
Calcium	275-300	330

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